



Nature Hideout

Simply Heaven



PanwaliKantha Backpacking Trek

Garhwal Region holds an important place in the Hindu mythology being called the “DevBhoomi”. The whole land of Garhwal is always alive and vibrates with the music of chiming bells, bathing people at various Ghats, chanting of Hymns, song of local folks during festivals and fairs.

This trek goes through the lower valley having lush green meadows and forests. This is also the route between Kedarnath and Gangotri. The valley beholds scenic beauty of the surrounding Garhwal Himalayas and green pasture meadows where sheep grazes around lazily. The trek goes around PanwaliKantaDhar which gives breathtaking panoramic views of the Garhwal Himalayan Peaks like Thalaysagar (6904 mtrs) and Chaukhamba (7138 mtrs). Its a paradise for the nature lovers and for those who seek adventure in climbing these majestic peaks. Overall this trek takes you to the natural beauty of the Garhwal Himalayas and the ancient mythological values from the hustle bustle of the city.

Trek Facts:-

Area: Garhwal Himalayas (Uttarakhand)

Trip Duration: 5 nights / 6 days (Keep 3 days extra with you we might explore a new route if the snow conditions are perfect and safe)

Trek Grade: Easy to Moderate

Highest Point: 3545 mts (KhimkholaKhal)

Highest Camping Point: 3300 mts (PanwaliKantha)

Detailed Itinerary:-

DAY 01:-Drive Rishikesh to Ghuttu (1600 mts), (5 -6 hrs)

We start the trip by driving from Rishikesh to Ghuttu located at the altitude of 1600 mts and which takes around 5-6 hours' drive. In midway we take a stop for having lunch and then move ahead. As



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we reach Ghuttu, we meet our camp crew at the camp location in the outskirts of the town. Overnight at the camp.



DAY 02:-Trek Ghuttu to Gwanmanda(2600mts)

We start this day by trekking past terraced fields and climb gently through forests to a ridge which we follow passing shepherd huts with the last bit of grueling uphill till GwanManda(2600m). The trek is of 08 kms and it takes about 4-5 hours. We stay overnight in Gwanmanda.

DAY 03:-Trek GwanManda to PanwaliKanta (3300 mts)

This day we give real tasks to our muscles by climbing up to the ridge for spectacular panoramic views of the surrounding mountains. The walk through the green meadows and view of the shepherds' settlements to our lovely campsite above the village. This trek for about 4 hours takes us to PanwaliBugyals which lie at far flung heights, ranging from 2745 m to 3970m.

DAY 04:-Trek PanwaliKanta to Talli/Raj Khekri(3100 mts)

We trek forward from PanwaliKantha towards Raj Khekri. This counts for another fantastic walk along the ridge on a nice trail through the lush green forests and meadows. The majestic Garhwal Himalayas show up themselves when we walk through the ridge. To the north stands the majestic ThalaySagar with Jogin, Rudugaira and Jaonli completing the arc of mountains to the northwest. To the northeast (right of ThalaySagar) stands Bhartekhunta and Kedarnath peaks. Below you can see the village of Gangi. The campsite location for this day is in a scenic meadow- 3 to 4 hours.

DAY 05:- Trek Talli to Triyugnararyan (1500 mts)

This day we trek for about 5 hours and we start it by following the ridge. Then we make a climb to KhimkholaKhal(3545m) before descending to MugguChatti (pilgrims huts). We reach a broad trail by descending steep through the forests and the meadows. We then get on a rough jeep track to Triyugnarayan village. One of the most exquisite temples of Garhwal dedicated to Lord Shiva is in this area.



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DAY 06:-Drive to Rishikesh (5 -6 hrs)

Drive back to Rishikesh for about 5-6hrs. On arrival in Rishikesh trip ends.

Includes:-

- Dome Tents on twin share basis
- Sleeping mattress
- Professional guide
- Expedition style cooking cylinder with stove (1set for 2 people)
- Expedition style Cooking Utensils (1 set for 2 people)

Excludes:-

- Any kind of Insurance and medical expenses
- Any kind of food
- And personal porter for your personal stuff
- Sleeping bag
- Any transportation to the starting point and after the ending point
- Any kind of stay in Rishikesh